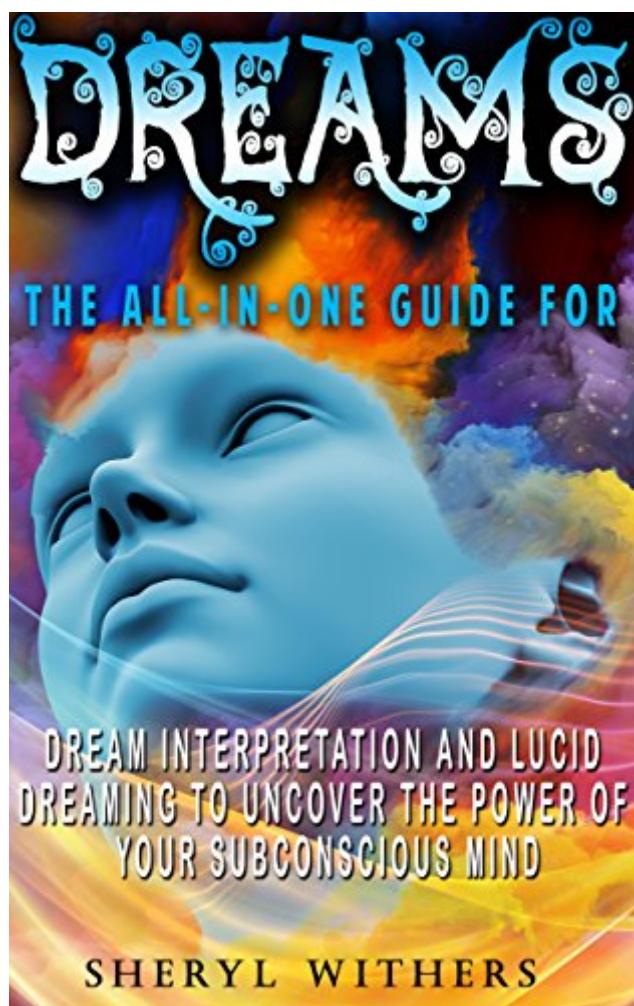


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# Dreams: The All-In-One Guide For Dream Interpretation And Lucid Dreaming To Uncover The Power Of Your Subconscious Mind



## **Synopsis**

Become a Master of the Wonderful World of Dreams! What do your dreams mean? How do you take control of them? What do you need to do to unlock the power of your subconscious? The All-In-One Guide For Dream Interpretation And Lucid Dreaming To Uncover The Power Of Your Subconscious Mind teaches you why we dream, the meanings of common dreams, how to analyze your own dreams. You'll also find a special BONUS at the end of this book! This book also explains the mysterious practice of Lucid Dreaming. You'll learn why you have lucid dreams, what techniques to implement, and how to keep a dream journal. You'll learn many exciting lucid dreaming methods: Wake Back To Bed (WBTB) Mnemonic Induction of Lucid Dreams (MILD)Wake Initiated Lucid Dreams (WILD)Read This Book FREE on Kindle Unlimited - Download Now! Download your copy of The All-In-One Guide For Dream Interpretation And Lucid Dreaming To Uncover The Power Of Your Subconscious Mind right NOW! You'll be so glad you did!

## **Book Information**

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## **Customer Reviews**

I always ask Mr. Google every time I dream of something that interest me. I've been doing it since the day I can access billions of information in my finger tips. It's fun to do. One of my professor told

me the exact thing that the author say that dreams are direct link to our recent thoughts, feelings, and emotions. Ever since I heard it from my professor, I always analyze my dreams, thoughts, feelings and emotions the day before, and I try to connect those things together to better understand my dreams. I am very happy knowing that the way I analyze my dream is similar with what the author have written on this book. Though dream journaling is new to me. I will try to journal my dream. That is, if I will remember my dream. Now a days, since I start to meditate, exercise and practice healthy eating, I seldom remembers my dream. I always have a deep sleep now. I enjoyed reading this book in late morning. I love how the author provides clear meaning of dreams and the importance of dream interpretation. This book is perfect for those people who are like me, curious of the meaning of their dreams and wants to spend time analyzing their dreams. I also enjoyed reading the free bonus chapter of the new book. Thank you!

This book introduces me with dream interpretation and lucid dreaming to help me with uncovering the power of my subconscious mind. It teaches me the causes of dreaming, the meanings of common dreams as well as methods of analyzing my own dreams. This book also includes an informative explanation on the mysterious practice of lucid dreaming methods. I found all of these contents supportive to make a realization the power of my subconscious mind.

This book is very educational and I really enjoyed reading it and am excited to try some of the techniques listed in this book. There are also some advice for a good night sleep, which is always welcome. All in all, a good guide that would benefit from a dozen more pages. This book is packed with information about the meaning of dreams. It also gives information about nightmares, sleeping soundly and many more. I have suggested the book to others as a guide.

This is a very helpful book. The reason that I purchased this book is because it has very good information about lucid dreaming. This part was more help to me than I thought it would be. There is some dream symbols listed and how to understand dreams, which I liked. Overall, I liked this book. I gave it 4 stars because it did not give enough dream interpretation in it. For the most part, a very good book.

Such a great book. I dream a lot and sometimes I have dreams that stays on my mind, when you are looking for meanings on internet it appear a lot of uncertain and unassertive meaning, but in this book you will find the proper meanings and the most useful for common dreams. The author

explains clearly the stages of dreams and it kinds. I recommend this book to those who likes and want an explanation for their dreams, is a really great guide.

Have you ever wanted to live the dream as it would feel like real life? I always tried to control my dreams, and eventually ended up making some progress, but very slowly and never at it's full potential. Thanks to this guide, I was able to finally get a better understanding about dreams and their mechanisms so to gear myself in the way of self mastering my dreams to make them become lucid.

I was always fascinated by dreams but I never knew how important they really are. So many psychologists were interested in dreams and psychology of dreams such as Freud. This book gives you guide how to start to understand your dreams. There are several types of dreams we all already experienced such as falling dreams or dreams with water, food or babies. This book helped me to understand what all of that means to me. The author also teaches how to work on lucid dreams. Great and very helpful book!

This is a great for anyone who is interested in learning about dreams and really goes into depth about the deep sub conscious part of what your dreams mean, and have to admit I do realise some of the relations between my dreams and what they mean in my own life. after reading this. It's also got some fun facts which you would never of thought would be true with dreaming and am have also been using one of the lucid dreaming techniques and hope to get more of the hang of it as I keep on doing it.

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